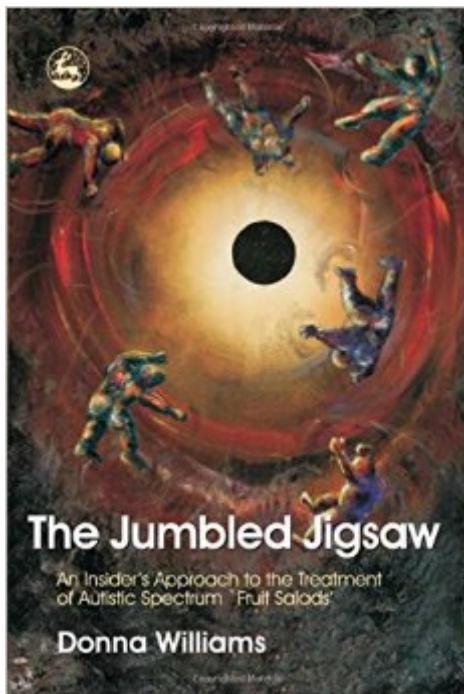


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# **The Jumbled Jigsaw: An Insider's Approach To The Treatment Of Autistic Spectrum 'Fruit Salads'**



## **Synopsis**

The Jumbled Jigsaw exposes autism spectrum disorders (ASDs) not as single entities but as a combination of a whole range of often untreated, sometimes easily treatable, underlying conditions. Exploring everything from mood, anxiety, obsessive-compulsive and tic disorders to information processing and sensory perceptual difficulties, including dependency issues, identity problems and much more, Donna demonstrates how a number of such conditions can combine to form a 'cluster condition' and underpin the label 'autism spectrum disorder'. Donna Williams encourages and empowers families to look at what they can do to change their child's environment to address anxiety, overload and other issues. She also gives carers the necessary information to navigate the booming autism marketplace and demand the right tools for the job. The author also challenges professionals to adopt a multi-disciplinary approach to identifying and treating the cluster conditions that make up an autism spectrum diagnosis, and to improve service delivery to those in need. The Jumbled Jigsaw is a call to modern society to take responsibility and accept diversity. It is written in a very human and user-friendly way for parents and for Auties and Aspies themselves, but it is also aimed at carers, professionals, policy-makers and service providers.

## **Book Information**

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## **Customer Reviews**

Donna is a bona fide genius of autism. I don't know why the psychiatrists, psychologists and doctor's of all descriptions aren't hammering down her door to pick her brain on how to understand autism better. I mean she HAS autism, had no meaningful language till 9 years - who else to ask

how it feels, what it looks like and means to live with autism? She is a very sensory person whose ability to empathise is very strong and in some ways it seems was hard won. Her work changed my son and family's life for the better. Essential reading - especially for those whose kids aren't as visual or who don't act like Temple Grandin! Her ability to compassionately break autistic and other behaviours into mentally edible parts is a joy to read. I had a highlighter with me the whole way through the book.

This book is a masterpiece! I'm not easily impressed and I've read many books on autism, this one is head and shoulders above them all. There is a **HUGE** amount of information packed into this book covering everything from dietary and environmental influences to anxiety, mood and personality disorders which all cluster together and underpin an individual's ASD. Describing it as a "fruit salad" with each individual having different pieces making up their ASD is genius. It is a book you will return to again and again for help and understanding. I think a good basic knowledge of Autism would be an advantage before reading this book or else it may blow your mind, but I think everyone should read it, in fact I'd say it is essential to gain a far deeper understanding of ASD, there are so many stereotypes and misunderstandings that Donna has successfully smashed. Every person who has a child/spouse/relative/student/friend on the spectrum, individuals who have ASD and professionals who work in this field would all greatly benefit from this book it is worth it's weight in gold, this book does not get anywhere near the recognition it deserves, it should be winning awards!!! Thank you Donna Williams for sharing your incredible insight and experience, this book is a much needed gift to the world.

It took me well over a year to read *Jumbled Jigsaw*, not because there is anything wrong with the book, but because there is so much right with it. Williams is original in her perspective (I've read shelves full of books on autism, none like this) and incredibly insightful. If you have a child on the autism spectrum with one or more co-occurring diagnosis, you are likely to find each page dense with provocative information and ideas. Such a book cannot be breezed through quickly, it takes time to really go through it in bite size, digestable pieces. It also need not be read cover-to-cover but instead by picking and choosing chapters relevant to your situation.

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